



Betsy Clark LLC
YOUR MINDSET MATTERS

Mindset Coach for Women Entrepreneurs

Betsy began her entrepreneurial career at age 23. Forty years later her passion is to coach women entrepreneurs to operate from their core strengths, and spark the talents that sustain their professional and personal growth. She is a Gallup-Certified Strengths Coach and Mindset Coach. She uses these modalities to support her Personal Ground Rules™ programs to help clients build their confidence and businesses.

As a public speaker and coach, Betsy teaches a variety of programs, including Strengths Finders, skills to communicate more effectively, entrepreneurial best practices and the soft skills necessary in business today.

Betsy lives in Colorado with her husband and dogs. She and her husband travel frequently to play with their grown children.

Book Betsy

Email Betsy at Betsy@BetsyClarkLLC.com or call 719.648.9672



Signature Speaking Topics

Conquer Your Fear of Impromptu Speaking:

We all have been in the situation where we have had to give a presentation without much time to prepare or we must give a spontaneous report to a group of people. How do you calm your nerves, focus and speak with authority?

Key Learnings:

Several years of Toastmasters and years of practice behind a lectern, Betsy gives you actionable tips and tools on how to maintain your composure to deliver a compelling and organized impromptu speech or presentation.

Confidence; The Best Thing to Put on Each Morning:

We have all seen someone with confidence enter a room and the dynamics of the group changes. How does that happen? How do we balance confidence with humility and not become too full of ourselves?

Key Learnings:

Confidence is a skill. Learn how to hone this transformational skill to bring your best self forward consistently and be true to yourself in your business and your personal life.

Comparison: Your Mindset Matters:

Does comparison keep derailing you? Do your Mind Monkeys keep you playing a smaller game? Do you wrestle with self-doubt? How do you get and maintain a mindset that supports your goals and vision?

Key Learnings:

Comparison is a joy crusher! Determine what your mind is set on and develop the habit of reframing what you set your mind to consistently.